



Pfenning's Organic Vegetables Inc.

Growing Organically in New Hamburg ON since 1981.

www.pfenningsfarms.ca | veggies@pfenningsfarms.ca | 519-662-3468

Product	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec
Beets Red												
Broccoli												
Cabbage Green												
Cabbage Red												
Carrots												
Carrots Baby US												
Cauliflower												
Celeriac ON												
Chard ON												
Cilantro ON												
Collards ON												
Celery MEX												
Corn												
Cucumber ON												
Dandelion ON												
Eggplant ON												
Garlic ON												
Green Onion ON												
Kale Dino/Black												
Kale Green												
Kale Red ON												
Leek ON												
Lettuce Green Leaf												
Lettuce Green Leaf												
Lettuce Romaine												
Lettuce Romaine Hearts												
Onion Red												
Onion Yellow												
Parsley ON												
Parsnip ON												
Pepper ON												
Potatoes CAN												
Radicchio ON												
Radish ON												
Rutabaga ON												
Spinach ON												
Squash Butternut												
Strawberries ON												
Turnip ON												

Pfenning's Branded Import Products

Made possible through partnerships with growers in Mex & US who share our values of long-term sustainability & top-notch quality

	Pfenning ON
	Pfenning ON (limited)
	Pfenning Import Mex/US
	Pfenning Import (limited)
	Transition

We are a local first company, but the Canadian growing season is short. Support of our import programs allows us to operate at scale during local season, & keeps a core group of local people employed year-round.