



Pfenning's Organic Vegetables Inc.

Tel 877-662-3468 Fax 519-662-4083

www.pfenningfarms.ca

September 20, 2017

★★★ These three stars denote special pricing available for a limited time.

Pricing may be subject to change when new product arrives.

For email orders please use veggies@pfenningsfarms.ca to ensure everyone receives it.

Order deadlines including additions are: 10:30am on Sunday and 3:00pm weekdays.

When calling in on Sunday, please **press 1 to reach our sales desk.**

Please make cheques payable to: Pfenning's Organic Vegetables Inc.

Description	Order	Price
Fruits		
Apples Cripps Pink 100-110ct AR		
Apples Fuji 100ct CH		
Apples Lobo 12x3 QC		
Apples Lobo 1bu QC		
Apples Mac 12x3lb QC		
Apples Mac 1bu QC		
Apples Royal Gala 110ct CH/NZ		
Apples Royal Gala 12x3lb AR/CH		
Apples Sunrise 100ct BC		
Avocado Hass 20ct Mex		
Avocado Hass 60ct Mex no 1/2 cs		
Bananas 40lb EQ RIPE/ GRAY Stg 5-6		
Bananas 40lb Fairtrade EQ/PR - Vol. Disc. Avail.		
Coconut Young 9ct TH		
Dates Medjool 11lb CA		
Grapefruit Ruby 40ct SA		
Grapes Blue Coronation 8x2L ON		
★★★ Grapes Flame Seedless 18lb Mex/ CA		
Grapes Green Autumn King 18lb CA		
Grapes Green Thompson 18lb CA/MEX		
Ground Cherry - Physalis 12x1pt QC		
Kiwi 10kg CH		
Kiwi 20x1lb bagged CH		

Description	Order	Price
Lemons ~38lb. Juicer CA/Mex no 1/2cs		
Lemons 115ct Fcy Mex		
Limes Persian 10lb CA/Mex		
★★★ Limes Persian 40 lb Fcy CA/Mex		
Melon Cantaloupe 12-15ct QC		
Melon Cantaloupe 18ct QC		
Melon Water Mini Red Seedless 7ct ON		
Melon Water Sugarbaby 4-6ct ON		
Nectarines 2lyr 70-72ct BC		
★★★ Nectarines 60-64ct CA		
★★★ Nectarines White 70-72ct CA		
Orange Clementine 10kg SA		
★★★ Orange Clementine 10x2lb SP		
Orange Valencia 105ct SA		
Pears Asian 36ct WA		
Pears Bartlett 110ct WA		
Pears Bartlett 12x3lb CA		
Pears Bosc 110ct CA		
Pineapple 7ct CR		
Raisins Flame 30lb CA		
★★★ Raisins Jumbo Black Autumn Royals 30lb CA		
Raisins Thompson 30lb CA		
Vegetables		
★★★ Artichoke Globe 10lb QC		

Description	Order
Beans Green 10lb ON	
Beans Green 10lb QC	
Beans Yellow 10lb ON	
★ ★ ★ Beets Chioggia 25lb QC	
Beets Gold 25lb PFENNING ON	
★ ★ ★ Beets Red 12x2lb PFENNING ON	
Beets Red 25lb PFENNING ON	
Beets Red 50lb JUMBO PFENNING ON	
Beets Red Bunch 24ct PFENNING ON	
Bok Choy Baby 20lb ON	
★ ★ ★ Broccoli 14ct CA	
Broccoli 14ct PFENNING ON	
Brussel Sprouts 10lb PFENNING ON	
★ ★ ★ Cabbage Green "Spitzkopf" 1 3/4bu ON	
Cabbage Green ~35lb QC	
Cabbage Green 40lb PFENNING ON	
Cabbage Napa 30lb QC	
Cabbage Red 40lb PFENNING ON	
Carrots 10x5lb PFENNING ON	
Carrots 24x2lb PFENNING ON	
Carrots Juicer 15lb PFENNING ON	
Carrots Rainbow 12x2lb PFENNING ON	
Carrots Rainbow 25lb PFENNING ON	
Carrots Table 25lb PFENNING ON	
Cauliflower 12ct PFENNING ON	
★ ★ ★ Cauliflower 16-18ct PFENNING ON	
Cauliflower 20-24ct PFENNING ON	
Cauliflower 9ct PFENNING ON	
★ ★ ★ Cauliflower Purple 10-14 PFENNING ON	
★ ★ ★ Cauliflower Purple 16ct PFENNING ON	
Celeriac Root 25lb PFENNING ON	
Chard Green 24ct PFENNING ON	
Chard Rainbow 24ct PFENNING ON	
Chard Red 24ct PFENNING ON	
★ ★ ★ Chard Red 24ct QC	
Corn Sweet 60ct PFENNING ON	
Cucumber English #2 12ct ON, No 1/2 Cases	
Cucumber English 12ct ON	
Cucumber English Mini 12x6 ON	
★ ★ ★ Dandelion Green 12ct PFENNING ON	

Description	Order	Price
★ ★ ★ Dandelion Red 12ct PFENNING ON		
Eggplant 1/2bu PFENNING ON		
Eggplant 11lb ON		
Eggplant Japanese Long 1/2bu ON		
Fennel 12ct QC		
Garlic 10lb PFENNING ON		
Garlic 30lb PFENNING ON		
Garlic bulk # 2 grade ON lb		
Ginger Yellow 30lb PR **New Crop**		
Ginger Yellow 5lb PR		
Herb Basil bunched 12ct ON		
★ ★ ★ Herb Chive 12ct ON no 1/2 cs		
Herb Cilantro 12ct Bunch ON		
Herb Living Basil Clam 6ct ON no 1/2 case		
Herb Living Chives 6ct Clam ON No 1/2 cs		
Herb Living Cilantro 6ct Clam ON no 1/2 cs		
Herb Living Mint 6ct bagged ON No 1/2 cs		
Herb Living Mint Clam 6ct ON no 1/2 case		
Herb Living Oregano 6ct bagged ON No 1/2 cs		
Herb Living Oregano 6ct ON No 1/2 cs		
Herb Living Parsley 6ct bagged ON No 1/2 cases		
Herb Living Parsley 6ct Clam ON No 1/2 cases		
Herb Living Thyme 6ct Clam ON No 1/2 cs		
Herb Mint bunch 12ct ON		
Herb Oregano bunch 12ct ON		
Herb Pansy 15-20 flowers Clam ON		
Herb Sage 12ct ON		
Herb Thyme 12ct ON		
Jerusalem Artichokes 10lb QC		
Kale Dino 24ct PFENNING ON		
Kale Green 24ct QC		
Kale Red 24ct PFENNING ON		
★ ★ ★ Leek 12ct ON		
★ ★ ★ Leek 20lb QC		
Lettuce Leaf Green 24ct PFENNING ON		
★ ★ ★ Lettuce Leaf Red 24ct PFENNING ON		
Lettuce Leaf Romaine 24ct PFENNING ON		
Lettuce Living Arugula Clam 6ct ON no 1/2 case		
Lettuce Living Green Leaf Clam 6ct ON no 1/2 case		
Lettuce Living Red Boston Clam 6ct ON no 1/2 case		

Description	Order
Lettuce Living Red Leaf Clam 6ct ON no 1/2 case	
Lettuce Living Romaine bagged 6ct ON no 1/2 case	
Lettuce Living Summer Mix Clam 6ct ON no 1/2 case	
Lettuce Living Watercress Clam 6ct ON no 1/2 case	
Lettuce Mustard Green baby 3lb ON	
Lettuce Mustard Greens 6ct ON Bagged no 1/2 case	
Lovin Life Arugula Baby 3lb CA	
Lovin Life Baby Arugula Clam 8x5oz CA	
Lovin Life Baby Kale Clam 8x5oz CA	
Lovin Life Baby Romaine Mix Clam 8x5oz CA	
Lovin Life Great Greens Clam 8x5oz CA	
Lovin Life Spinach Baby 3lb CA	
Lovin Life Spinach Baby clam 6x11oz CA	
Lovin Life Spinach Baby Clam 8x5oz CA	
Lovin Life Spring Mix 3lb CA	
Lovin Life Spring Mix clam 6x11oz CA	
Lovin Life Spring Mix Clam 8x5oz CA	
Micro Greens Broccoli 6ct ON, No 1/2 case	
Micro Greens Broccoli Clam 6ct ON, No 1/2 case	
Micro Greens Cilantro Clam 6ct ON	
Micro Greens Daikon Red Bagged 6ct ON no 1/2 case	
Micro Greens Kale Red Russian 6ct ON no 1/2 case	
Micro Greens Mizuna 6ct Bagged ON no 1/2 case	
Micro Greens Peashoots Bagged 6ct ON no 1/2 cs	
Micro Greens Sunflower Bagged 6ct ON no 1/2 case	
Micro Greens Wheat Grass 6ct ON no 1/2 case	
Mushroom Maitake 2lb ON **Great New Price**	
Mushroom Mini Bella 12x8oz ON	
Mushroom Mini Bella 5lb ON	
Mushroom Port Caps 5lb ON	
Mushroom Portabello Caps 8x6oz ON	
Mushroom Shiitake 20x110g Bag ON	
Mushroom Shiitake A's 3lb ON	
Mushroom Shiitake Babies 3lb ON	
Mushroom Shiitake Sliced 3lb ON	
Mushroom White 12x8oz ON	
Mushroom White 5lb ON	
Onion Red 16x3lb PFENNING ON	
Onion Red 40lb Large PFENNING ON	
Onion Shallots 10lb PFENNING ON	

Description	Order	Price
★★★ Onion Shallots 12x200g PFENNING ON		
Onion Shallots Red 10lb PFENNING ON		
Onion Yellow 16x3lb PFENNING ON		
Onion Yellow 40lb Large PFENNING		
★★★ Parsley Curly 30ct PFENNING ON		
★★★ Parsley Italian 30ct PFENNING ON		
Parsnip 12x2lb PFENNING ON		
Parsnip 25lb PFENNING ON		
Peas Sno 10lb ON		
★★★ Pepper Anaheim 1/2bu ON		
★★★ Pepper Chili Green 1/2 bu ON		
★★★ Pepper Cubanelle Sweet 1/2bu ON		
Pepper Green 1/2bu PFENNING ON		
★★★ Pepper Hungarian Multicoloured 1/2 bu ON		
★★★ Pepper Jalapeno 1/2 bu ON		
Pepper Jalapeno 1/2 bu PFENNING ON		
Pepper Mini Sweet Mixed 12x1pt clam ON		
Pepper Orange 11lb ON		
Pepper Orange 11lb PFENNING ON		
★★★ Pepper Purple 1/2bu ON		
Pepper Red Bell 1/2bu 11lb ON		
Pepper Red Bell 1/2bu PFENNING ON		
★★★ Pepper White 1/2bu ON		
Pepper Yellow 1/2bu PFENNING ON		
Pepper Yellow Bell 1/2bu 11lb ON		
★★★ Pepper Yellow HOT 1/2bu ON		
★★★ Pepper Yellow Sweet Banana 1/2bu ON		
Potatoes Red 10x5lb PFENNING		
Potatoes Red 16x3lb PFENNING		
Potatoes Red 50lb A PFENNING		
Potatoes Red Mini 12x2lb PFENNING ON		
Potatoes Russet 10x5lb PFENNING ON		
Potatoes Russet 50lb A PFENNING ON		
Potatoes White 10x5lb PFENNING ON		
Potatoes White 50lb PFENNING ON		
★★★ Potatoes White Mini 12x2lb PFENNING ON		
Potatoes Yellow 10x5lb PFENNING ON		
Potatoes Yellow 16x3lb PFENNING ON		
Potatoes Yellow 50lb PFENNING ON		
★★★ Potatoes Yellow Mini 12x2lb PFENNING ON		

<u>Description</u>	<u>Order</u>
Radicchio 12ct PFENNING ON	
Spinach 24ct PFENNING ON	
★★★ Squash Acorn Festival 1bu ON	
★★★ Squash Acorn Green 1bu ON	
Squash Buttercup 1bu ON	
★★★ Squash Butternut 1bu ON	
Squash Delicata 1bu ON	
Squash Hubbard Red/Kuri 1bu ON	
Squash Kabocha Green 1bu ON	
Squash Kabocha Orange 1bu ON	
Squash Pie Pumpkin 1bu ON	
★★★ Squash Spaghetti 1bu ON	
★★★ Squash Sweet Dumpling 1bu ON	
Squash Turban 1bu ON	
Tomato Cherry Red 12x1pt ON	
Tomato Cherry Vine 12X190g QC	
Tomato Field 20lb ON	
Tomato Grape 12x1pt/10oz Clam Qc	
Tomato HH 11yr 15lb ON	
Tomato Mini Cherry Vine 12X190g QC	
Tomato Roma 20lb ON	
Tomato Vine 11lb ON	
Turmeric 25lb Mex	
Turmeric 3lb Mex	
★★★ Yam Med 12x3lb NC	
Zucchini Green 22lb Mex/CA	

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Other Products		
★★★ Juice Cranberry Pure 12x355mL		
★★★ Juice Cranberry Pure 6x1L		
Juice Cranberry Ready-To-Drink 6x1L		
Kombucha LIVE Chaga 6 x 375 ml no 1/2 case		
Kombucha LIVE Citrus Heat 6 x 375 ml		
Kombucha LIVE Lemon Ginger 6 x 375 ml		
Kombucha LIVE Naked Blend 6 x 375 ml		
Kombucha LIVE Orange Oolong 6 x 375 ml		
L'Ancêtre Butter Salted 12x250g		
L'Ancêtre Butter Salted 6x454g		
L'Ancêtre Butter Un-Salted 12x250g		
L'Ancêtre Butter Un-Salted 6x454g		
L'Ancêtre Cheddar Extra Sharp 1kg		
L'Ancêtre Cheddar Marble 8x325g		
L'Ancêtre Cheddar Marble Ziplock 908g		
L'Ancêtre Cheddar Med 8x325g		
L'Ancêtre Cheddar Mild 1kg		
L'Ancêtre Cheddar Old 19kg PER KG FoodService		
L'Ancêtre Cheddar Old 1kg		
L'Ancêtre Cheddar Old 8x325g		
L'Ancêtre Emmental 1kg		
L'Ancêtre Mozzarella 15%mf 8x325g		
L'Ancêtre Mozzarella 20%mf 19kg PER KG		

<u>Description</u>	<u>Order</u>	<u>Price</u>
L'Ancêtre Mozzarella 20%mf 1kg		
L'Ancêtre Parmesan Grated 14x125g		
Mapleton Yogurt Fat Free Blueberry 0% 6x750g ON		
Mapleton Yogurt Fat Free Plain 0% 6x750g ON		
Mapleton Yogurt Fat Free Vanilla 0% 6x750g ON		
Mapleton Yogurt Whole Plain 3.9% 6x750g ON		
Mapleton Yogurt Whole Strawberry 3.9% 6x750g ON		
Mapleton Yogurt Whole Vanilla 3.9% 6x750g ON		
Pinehedge Kefir 12x1kg		
Pinehedge Kefir Low Fat 12x1kg		
Pinehedge Yoghourt 3.8% 12x1kg		
Popcorn 12x480g ON		