



# Pfenning's Organic Vegetables Inc.

Tel 877-662-3468 Fax 519-662-4083

www.pfenningsfarms.ca

May 31, 2017

★★★ These three stars denote special pricing available for a limited time.

**Pricing may be subject to change when new product arrives.**

For email orders please use [veggies@pfenningsfarms.ca](mailto:veggies@pfenningsfarms.ca) to ensure everyone receives it.

Order deadlines including additions are: 10:30am on Sunday and 3:00pm weekdays.

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**Please make cheques payable to: Pfenning's Organic Vegetables Inc.**

<u>Description</u>	<u>Order</u>
<b>Fruits</b>	
Apples Fuji 100ct WA	
Apples Fuji 12x3lb WA	
Apples Fuji 88ct WA	
Apples Granny Smith 100ct WA	
Apples Granny Smith 12x3lb WA/AZ	
Apples Red Del 113ct WA	
Apples Royal Gala 12x3lb WA	
Apples Royal Gala 90ct AR	
Avocado Hass 14ct Mex	
Avocado Hass 16ct Mex	
Avocado Hass 18ct Mex	
Avocado Hass 70ct 25lb Mex no 1/2 cs	
Bananas 40lb Fairtrade EQ/PR - Vol. Disc. Avail.	
Blueberries 12x4.4oz US	
Blueberries 12x6oz US	
Coconut 38 lb Mex	
Coconut Young 9ct TH	
Cranberries Dried 25lb NB	
Dates Medjool 11lb CA	
Granadilla 2kg PR	
Grapefruit Ruby 10x4lb CA	
Grapefruit Ruby Red 48ct CA	
Grapes Flame Seedless 18lb Mex /CA	

<u>Description</u>	<u>Order</u>	<u>Price</u>
Grapes Green Thompson 18lb CA/MEX		
Kiwi 10kg IT		
Kiwi 20x1lb bagged IT/CH		
Kumquat 10lb CA		
Lemons 100ct Fcy SA		
Lemons 115ct Fcy CA/Mex		
Limes Persian 10lb CA/Mex		
Limes Persian 38 lb Fcy CA/Mex		
Mango 12ct MEX		
Mango Ataulfo 20ct Mex		
Melon Honeydew 9ct CA/Mex		
Nectarines 18lb 60-64ct CA		
Orange Valencia 113ct Fcy CA/MEX		
Orange Valencia 88ct Fcy CA/MEX		
Papaya 32 lb Mex		
Peaches White 80/84ct CA		
Peaches Yellow 70/72ct CA/Mex		
Pears Anjou 110ct AR		
Pears Anjou 18x2lb AR		
Pears Anjou 90ct CH		
Pears Anjou Red 30-40ct CH		
Pears Bartlett 110ct WA		
Pears Bartlett 80ct AR		
Pears Bartlett Red 120ct WA		

Description	Order	Price
Pears Bosc 100ct AR		
Pineapple 7ct CR		
Pineapple 8ct CR/Mex		
Raisins Flame 30lb CA		
★★★ Raisins Jumbo Black Autumn Royals 30lb CA		
Raisins Thompson 30lb CA		
Rambutan 5.5kg MG		
Raspberries 12x6oz CA/MEX		
Rhubarb 10lb ON		
Strawberries 8x1lb CA		
<b>Vegetables</b>		
Asparagus 11lb ON - Vol. Disc. Avail.		
Beans Green 25lb US		
Beets Red 25lb US		
Bok Choy Baby 20lb ON		
Broccoli 14ct MEX		
Broccolini 18 ct CA		
Burdock Root 10lb PFENNING ON		
Cabbage Green 45lb CA		
Cabbage Red 40lb CA		
Carrots 10x5lb PFENNING US		
Carrots 24x2lb FL		
★★★ Carrots 24x2lb PFENNING US		
Carrots Juicer 25lb US		
Carrots Table 25lb US		
Cauliflower 12ct CA		
Cauliflower 20ct CA		
Celery 24ct Sleeve CA		
Celery 30ct Sleeve CA/MEX		
Chard Gold 24ct FL		
Chard green 24ct FL		
Chard Rainbow 24ct CA		
Chard Red 24ct CA		
Collard greens 24ct CA		
Cucumber English 12ct Mex		
Cucumber English Mini 12x6 ON		
Cucumber Field 42ct Mex no 1/2cs		
Dandelion Green 12ct CA		
Dandelion Red 12ct CA		
Dandelion Red 12ct ON		

Description	Order	Price
Eggplant 1bu Mex/CA		
Endive Belgian 10x300g QC		
Fennel 12ct CA		
Garlic Green bunch 24ct PFENNING ON		
Garlic Purple 10lb Mex		
Garlic Purple 30lb Mex		
Ginger Yellow 30lb PR		
Ginger Yellow 5lb PR		
Herb Chive 12ct ON no 1/2 cs		
★★★ Herb Cilantro 30ct Bunch PFENNING ON		
Herb Cilantro 30ct Bunch Pfenning FL		
Herb Lemon Balm bunch 12ct ON		
Herb Living Basil Clam 6ct ON no 1/2 case		
Herb Living Cilantro 6ct Bagged ON no 1/2 cs		
Herb Living Mint Clam 6ct ON no 1/2 case		
Herb Living Oregano 6ct ON No 1/2 cs		
Herb Living Parsley 6ct bagged ON No 1/2 cases		
Herb Living Parsley 6ct Clam ON No 1/2 cases		
Herb Living Thyme 6ct Clam ON No 1/2 cs		
Herb Mint bunch 12ct ON		
Herb Oregano bunch 12ct ON		
Herb Pansy 15-20 flowers Clam ON		
Herb Sage 12ct ON		
Herb Savoury 12ct ON		
Herb Thyme 12ct ON		
Jerusalem Artichokes 25lb QC		
Jicama 20lb Mex		
Kale Dino/Black 24ct CA		
Kale Green 24ct CA		
Kale Red 24ct PFENNING FL		
Leeks 12ct CA		
Leeks 20lb CA		
Lettuce Iceberg 12ct CA		
Lettuce Leaf Green 24ct CA		
Lettuce Leaf Red 24ct CA		
Lettuce Leaf Romaine 24ct CA		
Lettuce Leaf Romaine hearts 12x3ct CA		
Lettuce Living Arugula Clam 6ct ON no 1/2 case		
Lettuce Living Green Leaf Clam 6ct ON no 1/2 case		
Lettuce Living Mizuna 6ct ON		

Description	Order	Price
★★★ Lettuce Living Red Boston Clam 6ct ON no 1/2 case		
Lettuce Living Red Leaf Clam 6ct ON no 1/2 case		
Lettuce Living Summer Mix Clam 6ct ON no 1/2 case		
Lettuce Living Watercress Clam 6ct ON no 1/2 case		
Lettuce Mustard Greens 6ct ON Bagged		
Lovin Life Arugula Baby 3lb CA		
Lovin Life Baby Arugula Clam 8x5oz CA		
Lovin Life Baby Kale Clam 8x5oz CA		
Lovin Life Baby Romaine Mix Clam 8x5oz CA		
Lovin Life Great Greens Clam 8x5oz CA		
Lovin Life Kale/Arugula Clam 8x5oz CA		
Lovin Life Spinach Baby clam 6x11oz CA		
Lovin Life Spinach Baby Clam 8x5oz CA		
Lovin Life Spring Mix & Baby spinach Clam 8x5oz CA		
Lovin Life Spring Mix 3lb CA		
Lovin Life Spring Mix clam 6x11oz CA		
Lovin Life Spring Mix Clam 8x5oz CA		
Micro Greens Amaranth Garnet 6ct ON no 1/2 case		
Micro Greens Broccoli 6ct ON, No 1/2 case		
Micro Greens Corn Shoots 6ct ON, No 1/2 cases		
Micro Greens Daikon Radish Green Bagged 6ct ON no		
Micro Greens Kale Red Russian 6ct ON no 1/2 case		
Micro Greens Peashoots Bagged 6ct ON no 1/2 case		
Micro Greens Wheat Grass 6ct ON no 1/2 case		
★★★ Mushroom Button 12x8oz ON		
★★★ Mushroom Button 5lb ON		
Mushroom Crimini 12x8oz ON		
Mushroom Crimini 5lb ON		
Mushroom Maitake 2lb ON		
Mushroom Port Caps 5lb ON		
Mushroom Portabello Caps 8x6oz ON		
Mushroom Shiitake Babies 3lb ON		
Mushroom Shiitake Utility B Grade 3lb ON		
Onion Green 48ct Iceless Mex		
Onion Shallot 12x150g CA		
Onion Yellow 16x3lb CA		
Parsley Curly 30ct CA		
Parsley Italian 30ct CA/MEX		
Peas Snap 10lb CA/Mex		
Peas Snap 12x8oz Mex		

Description	Order	Price
Pepper Green 25lb CA/Mex		
Pepper Green Bell 11lb QC		
Pepper Jalapeno 10lb Mex		
Pepper Mini Mixed Sweet 12x11lb Mex		
Pepper Red Bell 11lb QC		
Pepper Yellow Bell 11lb QC		
Potatoes Red 10x5lb PFENNING		
Potatoes Red 16x3lb PFENNING		
Potatoes Red 50lb A PFENNING		
Potatoes Russet 50lb A PFENNING ON		
Potatoes White 50lb PFENNING ON		
Potatoes White Mini 12x2lb PFENNING ON		
Potatoes Yellow 10x5lb PFENNING ON		
Potatoes Yellow 16x3lb PFENNING ON		
Potatoes Yellow 50lb PFENNING ON		
Potatoes Yellow Mini 12x2lb PFENNING ON		
Radicchio 12ct CA		
Radish Black 12x2lb PFENNING ON		
Radish Black 25lb PFENNING ON		
Radish Red 12x12oz Mex		
Rutabaga 12x2lb PFENNING ON		
Rutabaga 25lb PFENNING ON		
Spinach 24ct PFENNING ON		
Squash Acorn Green 1bu ~35lb CA/Mex		
Squash Butternut 28lb AR		
Squash Kabocha 35lb Ca/Mex		
Squash Oranghetti 35lb AR		
Squash Spaghetti 35lb CA/MEX		
Tomato Cherry Pink 12x300g QC		
Tomato Cherry Red 12x300g QC		
Tomato Cherry Vine 12X250g QC		
Tomato Grape 12x1pt ~10oz Clam CA/Mex		
Tomato HH 11yr 15lb ON		
Tomato HH 11yr 15lb QC		
Tomato Vine 11lb Mex		
Turmeric 30lb PR		
Turmeric 3lb PR		
Yams Jewel #1 40lb CA		
Zucchini Green 22lb Mex		



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<b>Other Products</b>		
Juice Cranberry Pure 12x355mL		
Juice Cranberry Pure 6x1L		
★★★ Juice Cranberry Ready-To-Drink 6x1L		
Juice Pulp&Press Beta Blaster 6x473ml no 1/2 cases		
Juice Pulp&Press Envy 6x473ml no 1/2 cases		
Juice Pulp&Press Green Glow 6x473ml no 1/2 cases		
Juice Pulp&Press Hulk 6x473ml no 1/2 cases		
Juice Pulp&Press Red Monster 6x473ml no 1/2 cases		
Juice Pulp&Press Rinse & Rebeet 6x473ml no 1/2		
Juice Pulp&Press Verde 6x473ml no 1/2 cases		
Kombucha LIVE Citrus Heat 6 x 375 ml		
Kombucha LIVE Lemon Ginger 6 x 375 ml		
Kombucha LIVE Naked Blend 6 x 375 ml		
Kombucha LIVE Orange Oolong 6 x 375 ml		
L'Ancêtre Butter Salted 12x250g		
L'Ancêtre Butter Salted 6x454g		
L'Ancêtre Butter Un-Salted 12x250g		
L'Ancêtre Butter Un-Salted 6x454g		
L'Ancêtre Cheddar Extra Sharp 8x325g		
L'Ancêtre Cheddar Marble 8x325g		
L'Ancêtre Cheddar Marble Ziplock 908g		
L'Ancêtre Cheddar Med 8x325g		
★★★ L'Ancêtre Cheddar Mild 1kg		

<u>Description</u>	<u>Order</u>	<u>Price</u>
L'Ancêtre Cheddar Mild 8x325g		
L'Ancêtre Cheddar Old 19kg PER KG FoodService		
L'Ancêtre Cheddar Old 1kg		
L'Ancêtre Cheddar Old 8x325g		
L'Ancêtre Emmental 1kg		
L'Ancêtre Mozzarella 15%mf 8x325g		
★★★ L'Ancêtre Mozzarella 20%mf 19kg PER KG		
L'Ancêtre Mozzarella 20%mf 1kg		
L'Ancêtre Mozzarella 20%mf 8x325g		
Maple Syrup 12x250ml Glass ON		
Maple Syrup 12x500ml Glass ON		
Mapleton Yogurt Fat Free Blueberry 0% 6x750g ON		
Mapleton Yogurt Fat Free Plain 0% 6x750g ON		
Mapleton Yogurt Fat Free Vanilla 0% 6x750g ON		
Mapleton Yogurt Whole Plain 3.9% 6x750g ON		
Mapleton Yogurt Whole Strawberry 3.9% 6x750g ON		
Mapleton Yogurt Whole Vanilla 3.9% 6x750g ON		
Pinehedge Kefir 12x1kg		
Pinehedge Kefir Low Fat 12x1kg		
Pinehedge Sour Cream 6x500g		
Pinehedge Yoghourt 3.8% 12x1kg		
Popcorn 12x480g ON		
Popcorn 25lb ON		